

Welcome to El Sol de Mexico Restaurant

APPETIZERS

Marisco El Sol.....\$10.95

Mouth watering seafood appetizer made with shrimp, octopus, scallops, mushrooms, red and green peppers. Garnished with lettuce and avocado.



Rafael's Special Marisco.....\$10.95

A delicious blend of shrimp and octopus mixed with onions, tomatoes and fresh lime juice. Garnished with lettuce, tomato and Parmesan.



Nachos El Sol.....\$7.95

Crisp corn tortilla chips topped with beans, melted cheese, jalapeños, tomatoes, green onions, guacamole and sour cream. Choice of ground beef, chicken, shredded beef or shredded pork.

Cheese Nachos.....\$5.75

Delicious crispy corn tortilla chips topped with melted cheddar and Monterey cheese. A great, simple appetizer that is perfect for the kids.

Quesadilla.....\$7.25

Two flour tortillas stuffed with cheese, onions, tomatoes and mild chile. Served with guacamole and sour cream. **Add ground beef, chicken, shredded beef or shredded pork. \$1.50**

Taquitos.....\$7.95

Rolled flour tortilla fried with your choice of chicken, shredded beef or shredded pork. Served over a bed of lettuce with Parmesan, tomatoes, guacamole & sour cream.

Quesadilla el Sol.....\$8.95

Two flour tortillas stuffed with cheese, onions, tomatoes and baby shrimp. Garnished with lettuce, tomatoes, guacamole and sour cream.

Mexican Pizza.....\$7.50

Quartered, deep-fried flour tortilla topped with beans, ground beef, melted cheese, tomatoes, green onions, black olives, guacamole and sour cream.

Super Cheese Crispy.....\$6.75

Flour tortilla fried flat. Topped with melted cheese, tomatoes, green onions, guacamole and sour cream.

Tostada de Ceviche.....\$3.75

Deep fried corn tortilla layered with baby shrimp, onions, tomatoes, jalapeños, cilantro, cucumber, avocado and fresh lime juice.

VEGETARIAN DISHES

All entrées served with rice and beans.

Our vegetarian meals are prepared with special care. We do not use any meat or meat bi-products.

**Veggie items include sautéed onions, bell peppers, carrots, tomatoes, zucchini and mushrooms.*

Your choice of whole pinto beans, black beans or refried beans.

Deluxe: With Sour Cream and Guacamole add \$1.75

***Veggie Fajita**
\$10.50



***Rice & Vegetables**
\$10.50



***Veggie Enchilada**
one \$7.25 two \$9.50



***Veggie Burrito**
\$9.95



Spinach Burrito.....\$9.95
Stuffed with sautéed spinach, tomatoes, and onions. Topped with verde sauce and melted cheese.

Chile Relleno Burrito.....\$9.50
Stuffed with a chile relleno, rice, and beans. Topped with sauce, melted cheese, lettuce, tomatoes, Parmesan and sour cream.

Spinach Enchilada one \$7.25 two \$9.50
Stuffed with sautéed spinach, onions and tomatoes. Topped with verde sauce and melted cheese.

Spinach Chimichanga.....\$9.95
Flour tortilla stuffed with sautéed spinach, tomatoes, onions, and then deep-fried. Topped with lettuce, tomatoes, cheese, guacamole and sour cream.

COMBINATIONS

All entrées served with rice and beans.

Your choice of cheese, ground beef, chicken, shredded beef or shredded pork.

Deluxe: With Sour Cream and Guacamole add \$1.75

Chico (choose one item)

- 1. Enchilada, Taco or Tostada.....\$6.50
- 2. Chimichanga, Chalupa, Burrito, Tamale or Chile Relleno.....\$6.95

Mediano (choose two items)

- 1. Enchilada, Taco or Tostada.....\$8.50
- 2. Chimichanga, Chalupa, Burrito, Tamale or Chile Relleno.....\$8.95

Grande (choose three items)

- 1. Enchilada, Taco, Tostada or Chalupa.....\$10.50
- 2. Chimichanga, Burrito, Tamale or Chile Relleno.....\$10.95

BURRITOS

Macho Burrito.....\$8.75
 Stuffed with beans, rice and your choice of ground beef, chicken, shredded beef or shredded pork. Topped with sauce, melted cheese, lettuce, tomatoes, Parmesan and sour cream.

Chile colorado or chile verde \$9.25 Add rice and beans \$1.75

Burrito Enamorado.....\$10.50

Stuffed with beans, rice and your choice of chicken breast, tri-tip beef, or pork loin. The meat is sautéed with green peppers and onions. Topped with sauce, melted cheese, lettuce, tomatoes, Parmesan, guacamole and sour cream. Add rice and beans \$1.75

Carne Asada Burrito.....\$11.50

Stuffed with broiled skirt steak. Served with rice and beans. Topped with sauce, melted cheese, lettuce, tomatoes, Parmesan and guacamole.

Pollo Asado Burrito.....\$11.50

Stuffed with marinated broiled chicken breast. Served with rice and beans. Topped with sauce, melted cheese, lettuce, tomatoes, Parmesan and guacamole.

Fajita Burrito.....\$11.75

Stuffed with your choice of chicken breast, tri-tip beef or pork loin. Served with rice and beans. Meat is marinated and sautéed with green peppers and onions. Topped with sauce, melted cheese, lettuce, tomatoes, Parmesan, guacamole and sour cream. **Shrimp Fajita Burrito \$12.75**

The Following Burritos Served with Rice, Beans and Your Choice of Tortilla Soup or Salad.

Burrito Ranchero.....\$9.95

Your choice of chicken, ground beef, shredded beef or shredded pork.

Chile colorado, chile verde or chorizo \$10.50

Carnitas Burrito.....\$10.95

Stuffed with your choice of chicken breast, tri-tip beef or pork loin. The meat is sautéed with green peppers and onions.

Burrito de Camaron.....\$12.50

Stuffed with sautéed shrimp, onions and mushrooms.

Burrito Marino.....\$12.50

Stuffed with sautéed baby shrimp, crab, scallops, onions and tomatoes.

ENCHILADA BAR

All entrées served with rice and beans.

Two enchiladas prepared with your choice of filling and sauce.

Deluxe: With Sour Cream and Guacamole add \$1.75

- 1. Cheese, Ground Beef, Chicken, Shredded Beef or Shredded Pork.....\$8.95
- 2. Shrimp, Crab or Rock Shrimp.....\$10.95

Your Choice of Any Two Sauces



Ranchera



Verde



Mole



Original

FAJITAS

Marinated meat sautéed with green peppers and onions.
Served with rice, beans, lettuce, pico de gallo, guacamole, sour cream and three tortillas.

Chicken \$12.25

Beef \$12.25

Shrimp \$12.95

Pork \$12.25



Chicken and Beef \$12.25

Chicken and Shrimp \$12.75

CHEF'S SPECIALTIES

All entrées served with three tortillas, rice and beans.

*Deluxe: With Sour Cream and Guacamole add \$1.75

***Camarones Acapulco.....\$12.50**

Deep fried prawns wrapped with bacon. Served over a bed of mushrooms, zucchini and carrots. Topped with cheese and served with pico de gallo.

***Bernardo's Favorite.....\$13.95**

Prawns sautéed with mixed vegetables, broiled marinated chicken breast and your choice of enchilada, tamale or chile relleno.

Salsa verde (green) served on the side.

***Platillo Jalisco.....\$11.75**

Your choice of chicken breast, tri-tip beef or pork loin. Sautéed with mushrooms, onions, and green peppers in a special green sauce.

***Platillo Mexicano.....\$12.95**

Carne asada, chicken taquito, chile relleno and enchilada.

***Los 3 Chiles.....\$12.95**

Chile verde, chile colorado and chile relleno.

Enchiladas El Sol.....\$11.25

Three authentic enchiladas stuffed with your choice of cheese, chicken, ground beef, shredded beef or shredded pork. Garnished with lettuce, tomatoes, Parmesan and sour cream.

***Prieto's Soup.....\$11.75**

Rich El Sol broth with marinated, broiled chicken breast and crunchy tortilla strips. Topped with cheese, fresh avocado and green onions.

Bernardo's Favorite \$13.95



Platillo Jalisco \$11.75



Enchiladas El Sol \$11.25



MEXICAN FAVORITES

All entrées served with three tortillas, rice and beans.

*Deluxe: With Sour Cream and Guacamole add \$1.75



BEEF (Res)

1. Carne Asada.....\$11.75

Broiled skirt steak. Served with guacamole and fried green onions.

Salsa verde (green) served on the side.

2. Carne Asada Y Mas.....\$11.75

Combine your carne asada with your choice of enchilada, chile relleno, tamale or chimichanga. Served with guacamole.

3. Carnitas de Res.....\$11.75

Slices of tri-tip beef sautéed with onions and green peppers. Served with guacamole.

4. Bistec Borracho.....\$12.95

The hottest steak to hit America in years! A 12 oz. New York steak marinated with a secret El Sol recipe and broiled to perfection. Served with guacamole.

5. *Chile Colorado.....\$10.95

Chunks of tender beef cooked in red sauce.

6. *Tacos de Carne Asada.....\$11.95

Three soft tacos stuffed with broiled skirt steak and pico de gallo.

7. *Molcajete.....\$11.95

A delicious bowl of chicken breast and tri-tip beef slices sautéed with mushrooms, onions, tomatoes and mild sauce. Topped with cheese, avocado and green onions.

Chile Colorado \$10.95



Bistec Borracho \$12.95



Molcajete \$11.95



CHICKEN (*Pollo*)



All entrées served with three tortillas, rice and beans.

***Deluxe:** With Sour Cream and Guacamole add \$1.75

8. ***Carnitas de Pollo**.....\$11.75
Slices of chicken breast sautéed with onions, green peppers and tomatoes.
9. ***Arroz con Pollo**.....\$11.75
Slices of chicken breast sautéed with onions and mushrooms in a red sauce. Served over a bed of rice and cheese. *Not served with beans.*
10. **Pollo Asado**.....\$11.75
Tender chicken breast, marinated and then broiled. Served with fried green onions and guacamole. **Salsa verde (green) served on the side.**
11. ***Pollo a la Crema**.....\$11.75
Slices of chicken breast sautéed with onions, green peppers and tomatoes in a delicious, creamy parmesan cheese sauce.
12. ***Pollo en Mole**.....\$11.75
Slices of chicken breast sautéed in a delicious, sweet Mexican sauce.

Pollo Asado \$11.75



Pollo en Mole \$11.75



PORK (*Cerdo*)



All entrées served with three tortillas, rice and beans.

***Deluxe:** With Sour Cream and Guacamole add \$1.75

13. ***Chile Verde**.....\$10.95
Chunks of pork leg cooked in green tomatillo sauce
14. **Carnitas de Cerdo**.....\$11.75
Slices of pork loin sautéed with onions and green peppers. Served with pico de gallo and guacamole.
15. ***Tacos de Carnitas**.....\$11.95
Three soft tacos stuffed with sautéed pork loin and pico de gallo. **Salsa verde (green) served on the side.**

Carnitas de Cerdo \$11.75



SEAFOOD (*Mariscos*)



All entrées served with three tortillas, rice and beans.

***Deluxe:** With Sour Cream and Guacamole add \$1.75

16. ***Camarones a la Diabla**.....\$12.50
Prawns sautéed with mushrooms and onions in a special red sauce.
17. ***Camarones Mojo de Ajo**.....\$12.50
Prawns sautéed in garlic butter with onions and mushrooms.
18. ***Camarones Mexicanos**.....\$12.50
Prawns sautéed with onions and carrots in a special red sauce.
19. ***Arroz con Camarones**.....\$12.50
Prawns sautéed with mushrooms and onions in a red sauce. Served over a bed of rice and cheese. *Not served with beans.*
20. **Chimichanga Costa Azul**.....\$12.50
Flour tortilla stuffed with onions, tomatoes, scallops, crab and baby shrimp, then deep fried. Topped with lettuce, tomatoes, cheese, sauce, guacamole and sour cream.
21. ***Camarones a la Tampiqueña**.....\$12.50
Prawns sautéed with onions, mushrooms and bacon in a delicious red sauce.
22. ***Camarones a la Crema**.....\$12.50
Prawns sautéed with green peppers, onions and tomatoes in a delicious, creamy Parmesan cheese sauce.
23. ***Pescado Frito**.....\$12.50
Fried Tilapia fish served with fried green onions, pico de gallo and a green salad. *(Please allow 20 mins. to prepare)*
24. ***Pulpo Mojo de Ajo**.....\$12.50
Octopus sautéed in garlic butter with onions and mushrooms.
25. ***Fish Tacos**.....\$12.50
Three soft tacos stuffed with fish, cabbage & pico de gallo. Ranch on the side.

Camarones a la Tampiqueña \$12.50



Camarones Mexicanos \$12.50



Camarones Mojo de Ajo \$12.50



EGGS (*Huevos*)

All entrées served with three tortillas, rice and beans.

Deluxe: With Sour Cream and Guacamole **add \$1.75**



- 26. Huevos Rancheros.....\$10.95**
Three eggs over-easy topped with melted cheese and sauce.
- 27. Chorizo con Huevos.....\$10.95**
Eggs blended with ground Mexican sausage, onions and tomatoes.
- 28. Machaca.....\$10.95**
Eggs blended with shredded beef, bell peppers, mushrooms and onions.

Machaca \$10.95



TRADITIONAL MEXICAN SOUPS

Tortilla Soup.....Cup \$3.50 Bowl \$4.50

Coctel de Camaron.....\$10.95

A delicious shrimp soup with onions, tomatoes, jalapeños, avocados and ketchup. **Add pulpo (octopus) \$3.00**

Caldo de Camaron.....\$12.95

Vegetables and shrimp in a delicious, spicy broth.

Add pulpo (octopus) \$3.00

Caldo Siete Mares.....\$15.95

Shrimp, octopus, scallops, crab, chopped clams, cuttlefish, mussels and vegetables in a delicious, spicy broth.

Coctel de Camaron \$10.95



Caldo de Camaron \$12.95



TOSTADAS AND SALADS

Topped with beans, lettuce, tomatoes and cheese.

Your choice of chicken, ground beef, shredded beef or shredded pork.

Deluxe: With Sour Cream and Guacamole **add \$1.75**

Tostada Mexicana.....\$5.75

Taco Salad Cazuela.....\$5.95

Salad Express.....\$5.75

Tostada El Sol.....\$5.95

Chef Salad.....\$6.95

A garden salad generously topped with baby shrimp, tomatoes, cucumbers, cheese and croutons.

Green Salad.....\$3.75

Tostada El Sol \$5.95



Taco Salad Cazuela \$5.95



AMERICAN DISHES

All entrées served with French fries.

Grilled Ham & Cheese Sandwich.....\$5.25

Hamburger.....\$4.50 Add cheese \$.50

Monterey Burger.....\$6.75

Stuffed with mayonnaise, cheese, bacon, mushrooms, onions, lettuce, avocado and tomatoes.

T-Bone Steak.....\$13.75

A 12 oz. American favorite. Served with vegetables and green salad.

Side Orders

*Stuffed with your choice of ground beef, chicken, shredded beef or shredded pork.

Rice & Beans.....\$3.50

***Chimichanga.....\$5.00**

***Burrito.....\$5.00**

***Taco.....\$2.50**

***Enchilada.....\$4.50**

***Chalupa.....\$4.50**

Rice.....\$3.50

Beans.....\$3.50

Sour Cream.....\$1.95

Guacamole.....\$4.00

Tamale.....\$5.00

Chile Relleno.....\$5.00